



# The Lewis Rathbun Center



News from the Lewis Rathbun Center, a hospital hospitality house -- Summer 2003

## How to Make a House a Home

By Kathleen Barnes



Volunteer Dick Ottens has painted 15 guest rooms over the past 2 summers.



Volunteer Pauline Waldburger bakes chocolate chip cookies each and every Thursday.

6,667 volunteer hours (valued by the government at \$16.54 an hour) are worth, \$110,272. Without our 92 volunteers, Rathbun Center's budget would increase by 22.6%--and it would be infinitely more difficult to keep our doors open with that price tag.

### What makes a house a home?

Think about it.

Lewis Rathbun Center has been "in business" for almost nine years. The "business" of giving shelter and comfort to families in times of great personal stress during the illness of a loved one doesn't come cheaply, but it comes with a great deal of heart. For example, it will cost \$377,000 to run Rathbun Center in 2003. That's a lot of money, right? Yes, it's a lot of money, but it's a lot less money because people with big hearts give of their time and energy to keep the doors open 24 hours a day, 7 days a week, 365 days a year. They give so much time and energy that those

### Who are the volunteers?

There are 12 couples who volunteer regularly, 7 who are summer residents seeking to make a difference in their leisure time, two are teenagers from Carolina Day School and three are former guests who want to "give back" for what they received in their times of need. Thirty of the current volunteers started with the Center in the first year of operation (1994-1995).

They're people like Keith Beam, the week night manager and part-time gardener who spends 12-15 hours a week keeping the LRC gardens looking beautiful with the help of volunteers Sally Lowery and Trudy Forward. *cont on pg2*

## Junior League of Asheville Done In A Day Project

On February 22nd, we saw the power of volunteers in action!

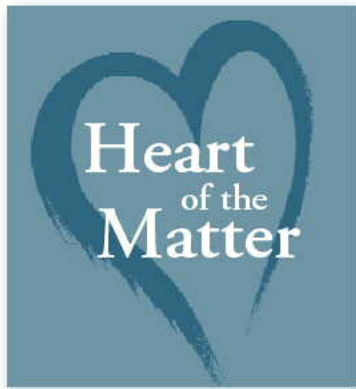
Thirty five Junior League of Asheville members converged on the Center and took on the tasks of cleaning our kitchen from top to bottom, repainting two guest rooms and repainting the Recreation Room – all in less than 8 hours! It was a whirlwind of activity. These are not duties that many folks line up to do here at the Center, especially the kitchen duty, but these women accepted the challenge with enthusiasm and great energy. THANK YOU for this generous contribution. It WAS Done In A Day!



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## Thank You to...

**Julie Spalla, David Lookingbill, Claudia and Ed Thomas, Ellen Eby, Ron and Nancy Ericksen**

for coordinating and preparing the bountiful Thanksgiving Day meal

for our guests; **the many volunteers** who contributed vegetables and desserts for our Thanksgiving meal; **Asheville Buncombe Youth Council** members for a

wonderful homemade spaghetti supper made especially for our guests; **Hands On Asheville-Buncombe Volunteers** **Claudia Thomas, Julie Spalla, Ginna Curry, Diana Laughon and Amy Bleckinger** for preparing

supper once a month for our guests; **Atlanta Bread Company-Hendersonville Road** for bread and pastry

donations; **Arden First Baptist Church Womens' Ministry** for providing a warm meal for the guests and for the "waiting room bags" filled with handy items; **Brittany Supply** for janitorial donations; **NC Alpha Delta Kappa Beta Upsilon Chapter members Patty Drake and Mary Schillereff** for preparing supper once a month for guests; **Biltmore Baptist Church-Asheville and St Andrew's Episcopal Church-Canton** for regular donations from our Wish List; **Deerfield Episcopal Retirement Community Residents** for donating an Easter meal for our guests to enjoy; **Barbara and Irv Deibert, Leland and Mary Bartholomew** for providing a Christmas Day breakfast at the House; **Vicki Jenest** for creating and donating holiday goodie bags for each of our families at Christmas; **Givens Estates United**

**Methodist Retirement Community Residents** for donating dinner on Christmas Eve and to the **the LaRowe Family** for



*Asheville Buncombe Youth Council members cook a wonderful homemade spaghetti supper for our guests*



*Julie Spalla, David Lookingbill, Claudia and Ed Thomas, Ellen Eby, Ron and Nancy Ericksen prepared the bountiful Thanksgiving Day meal for our guests! Wow, what a spread!!*

*cont from pg 1*

They're people like volunteer Dick Ottens who will have painted 15 guest rooms by the end of the summer.

They're people like the Hands On Asheville volunteers who cook dinner for guest once a month.

They're people like volunteer Richard Manz, our own "Mr. Fix-it" who keeps this 27,000 sq.ft.house together with nuts, bolts and determination.

In fact, Rathbun Center is run 8,738 hours a year with only five full time and one part-time paid staffers. Last year, Rathbun Center was full to capacity 88% of the time—more than most luxury hotels. The sprawling Victorian-style house accommodated 1,293 families for a total of 8,068 nights in 2002. The average guest stayed under our roof for 6.3 nights, but 36 families facing their loved ones' long-term illnesses stayed 30 nights.

It takes a great deal to keep this house open: \$25,170 in gas, electric and water bills alone. But the gifts come in many ways, large and small: For almost 9 years, Mission St. Joseph's Hospital has laundered all the LRC sheets and linens at no charge.

Thoms and Mission St. Joseph's Hospitals provide guests with free shuttle service to the hospitals, and always with a smile.

In nearly nine years, the Rathbun Center has never purchased a single roll of toilet paper! It's all been donated.

### **There's more:**

Rathbun Center guests sip 10,950 cups of coffee a year, not to speak of the 4 dozen chocolate chip cookies a week baked by volunteer Pauline Waldburger. That adds up to 21,504 cookies over the nine years Pauline and her oven have been working overtime for Lewis Rathbun Center.

And what's the cost to the 2,712 individuals to whom this rambling house opened its arms last year?

You guessed it: \$0.

Maybe more than anything else, the warmth and concern these guests experience opens their hearts to help and inspires them to give back to the house from which they received so much. In all, 56% of the guests made donations as they were able, raised \$60,417 towards continuing Rathbun Center mission.

The house is a beautiful pile of bricks and mortar. But it's just a house. It's the people who give of themselves and those who give back that make it a home.

*— Kathleen Barnes was a guest here in 2001*

delivering it to our guests; to volunteers and staff who made themselves available for extra time during the holidays—**Pat Duncan, Liz and Fred Chandler, Bob Bennett, Beth Pilz, Natalie Nachman, Keith Beam, Colleen Ramsey, Louise Wright, Hugh Scott, Peggy and Richard Manz, Claudia McMillan, and Jiene Brinkley. The Haldane Family** for providing our Fourth of July picnic supper.

## Did You Know?

Your Will is the cornerstone of your estate planning efforts, and one of the most important legal documents you possess. It ensures your family is provided for. A Will ensures that your property and possessions will be distributed to the persons and causes that mean the most to you. A Will also allows you to select a trusted Executor to carry out your wishes.

Here are some frequently asked questions about making gifts to take effect after your lifetime:

- Q:** If I die without a Will, who will decide where my assets go?
- A:** If you die without a Will, the State where you legally reside distributes your assets based on a legal formula contained in the State Statutes. Any charity that is important to you would not be considered.
- Q:** Must I redo my entire Will to give a gift to charity such as Lewis Rathbun Center?
- A:** No, a Will can be amended by a Codicil, which is usually a simple, one page document.
- Q:** If I don't want to change my Will, are there other ways I can make a gift to Lewis Rathbun Center or other charities to take effect after my lifetime?
- A:** Yes, simply making Lewis Rathbun Center a beneficiary of a life insurance Policy or IRA or other retirement plan is a simple way to arrange a gift.
- Q:** For purposes of a Will, what is the legal name of Lewis Rathbun Center?
- A:** Our legal name is "Lewis Rathbun Wellness Center, Inc." at 121 Sherwood Road, Asheville, NC 28803.
- Q:** How should my Will be worded to include Lewis Rathbun Center as a Beneficiary?
- A:** Share the following suggested language with your legal advisor: I give Lewis Rathbun Center located in Asheville, North Carolina, the sum of \$\_\_\_\_\_ (or you may prefer, \_\_\_\_\_% of my residuary estate).
- Q:** Is Lewis Rathbun Center a tax-exempt organization?
- A:** Yes. Lewis Rathbun Center is exempt from Federal Income Tax and Estate Tax under the United States Internal Revenue Code.
- Q:** Whom should I contact if I have other questions concerning a gift or bequest To Lewis Rathbun Center?
- A:** Please contact Kay Dossey at (828) 251-0595.

-- Prepared by Bob Haggard, Attorney and  
Member of the Lewis Rathbun Center Board of Directors

## Welcome New Volunteers!

GINNA CURRY, JULIE FLOWERS and AUDREY ELLISTON

## Have You Visited Our New Website?

Visit our website at [www.lewisrathbuncenter.org](http://www.lewisrathbuncenter.org)  
to learn all the latest information about what's  
happening at the Lewis Rathbun Center.

## 2003 Board of Directors

Joseph L. Brady, Chairman  
*Retired CEO*

John Battle Haslam MD, Vice Chairman  
*Retired Radiation Oncologist*

Deborah Summey, Secretary/Treasurer  
*Certified public accountant*

Victor W. Buchanan  
*Attorney*

Madeline Dillingham  
*Orthopedic Clinical Coordinator*

Bob Haggard  
*Attorney*

Christy Harley Matlick  
*Pastor*

Jeff Davis  
*Radio Station Program Director*

Dr. Adelaide Daniels Key  
*Founder of Lewis Rathbun Center*

James J. McGovern, MD  
*Pediatric cardiologist*

Beverly Modlin  
*Fundraising consultant*

Carl E. Powell, Jr.  
*Senior retirement plan consultant*

Ginny Raviotta  
*Director of Neonatal ICU*

Lewis S. Rathbun, MD  
*Retired physician, Founder of Life After  
Cancer-Pathways*

Jeff Samz  
*Hospital administrator*

Wade Saunders, MD  
*Cardiologist*

Robin D. Seal  
*Businesswoman*

Lucy Stella  
*Business owner*

James T. Tanner, Jr.  
*Certified financial planner, stockbroker*

Regie Walburgh  
*Psychotherapist*

Pauline Waldburger  
*Volunteer, retired registered nurse*

Laurence Weiss  
*Treasury analyst*

## House Staff

Kay Dossey  
*Executive Director*

Ann Whisenhunt  
*House Director*

Susan Everhart  
*Administrative Assistant*

Keith Beam  
*Weeknight Manager*

Hugh Scott  
*Weekend Night Manager*

Beth Pilz  
*Weekend Relief Staff*

## Atlanta Bread Company Supports the Lewis Rathbun Center



The Atlanta Bread Company at Biltmore recently opened their new restaurant on Hendersonville Road in Asheville. Every Wednesday morning Lewis Rathbun Center Administrative Assistant, Susan Everhart stops by to pick up a generous donation of baked goods and other delicious treats from owner Donna Holtsclaw. Our guests, volunteers and staff look forward to Wednesday mornings with great anticipation and all are very grateful to Donna and her busy employees at the Atlanta Bread Company

## Are you planning to Attend The Garden Party?

The "No Show Garden Party" is in full swing and, as always, our supporters have been most generous. There is still time to send in your donation and support the continued mission of the Lewis Rathbun Center. This has been a difficult year for our country and our economy and all of us who benefit from the Center appreciate those who have made the sacrifice to send in a contribution.

## Our Wish List

laundry detergent

breakfast Cereals

Facial Tissue

Vegetables

sugar

4 gallon trash bags

13 gallon trash bags

canned fruits

55 gallon trash bags

bleach

Group, family or individuals to coordinate/prepare Thanksgiving meal for guests in 2003

zip lock bags-all sizes

dryer sheets (Bounce, etc)

packaged snacks/crackers

canned meats (no tuna this time around, thanks)

## Men's Garden Club Digs the Lewis Rathbun Center

The Asheville Men's Garden Club has adopted the Lewis Rathbun Center as a summer project and has been busy planting, weeding and improving our landscape. Members Bob Spangler and Milford Shaver plant hostas on a warm spring day. They are joined in this project by Dave Christie and Herb Marsh (not pictured).

The Men's Garden Club has devoted years of service to the Asheville area by beautifying landscapes throughout the community. The Lewis Rathbun Center is extremely grateful for the time and energy the members are donating to improve our gardens.



## Three New Members Are Elected to the Lewis Rathbun Center Board of Directors

**Jeff Samz** is VP of Clinical Operations for the Mission St. Joseph's Health System. Jeff's responsibilities include three clinical service lines (Orthopedics, Neurosciences and Urology) as well as a number of support departments (Facility Services, Environmental Services and Transportation). Jeff and his wife, Jill, live in Weaverville and have a two year old daughter, Paige, and are expecting their second child in September.

**Beverly Modlin** served as Vice Chancellor for University Relations at UNC Asheville for 13 years. Last summer she established her own firm providing higher education and non profits with successful strategies for fund raising and strategic planning. Beverly and her husband, Larry, live in Asheville and are the parents of three grown children.

**Jeff Davis** has spent over 25 years in radio broadcasting and is employed as Operations Manager for Clear Channel Asheville. Jeff is responsible for 6 radio stations in western North Carolina including 99.9 KISS Country, News Radio 570, WWNC and Rock 104. He and his wife, Jami, live in Asheville with their 3 children, Lisa, Justin and Jenna.

**The Lewis Rathbun Center is proud of its "team" of staff, Board of Directors and volunteers who work together to make the Center the successful, dynamic organization that it is and to provide the best possible experience for our guests while they are with us.**

### New Staff Member

Susan Everhart joined the staff of the Lewis Rathbun Center in March as the Administrative Assistant. Susan comes from a 17-year technical and sales career with IBM. Since she left IBM, she has held positions with several organizations including Wells Fargo, Simplex, a local law firm and The Electronic Office. Susan and her husband, Buddy, live in Hendersonville. Susan's positive attitude and many years of experience make her a valuable addition to the Lewis Rathbun Center team.

Stop by and say "hi" the next time you are close by!

## Rathbun Center Use Statistics During 2002

- Families Served= 1,293
- Individuals Staying = 2,712
- Room Nights Provided = 8,068
- Average Length of Stay = 6 nights
- Average annual occupancy =88%
- 56% of guests made a donation for their stay
- Average donation per family per night=\$7.41
- Guests were from 36 states, Japan and UK
- 72% of families were from Western North Carolina
- Volunteers = 92
- Volunteer Hours donated = 6,667

# In Memory Of

(Gifts received November 1, 2002  
through June 30, 2003)

The following loved ones have  
been honored and memorialized  
through many generous gifts to  
the Lewis Rathbun Center:

## **Virginia Anderson**

Christine & Sidney Harrison

## **Carolyn Armstrong**

Ray & Myrtle Clendening

## **Lavina Barkby**

Joe & Barbara Brady

## **Howard Beam**

Kay & Vic Dossey

Susan Everhart

Ann Whisenhunt

Joe & Barbara Brady

## **Julia Becker**

Sylvia Becker

## **Mary Birchfield**

Robert & Joyce Barton

## **Quay Blackwell**

Mary Liverett

R.E. Harmo

Joe & Christine Thomas

Martha Ann Hill

Dr. & Mrs. Paul Hill

Karl & Dorothy Liston

Wiley & Elizabeth DuVall

Mr. & Mrs. Jerry VeHaun

Ray & Neva Hancock

Polly Adams

Paul & Mauriene Young

Louise Blackwell

## **Anne Boas**

Allen C. Boas

## **Hank Bosch**

Andrea Mazza

## **Herbert Brown**

Ed & Vicki Jenest

## **Dorothy Buchanan**

Carolyn Batton

NC Christmas Tree Association

## **Roy S. Buchanan**

Thelma Buchanan

## **Michael Buckner**

Pearline & Joe Buckner

## **Leonard Burleson**

Irene Fulbright

## **Shirley Burnes**

Russell Burnes

## **Karen Elizabeth Byers**

Dorothy Byers

## **William P. Campbell**

Evelyn Campbell

## **Robert Carlson**

Pauline Carlson

## **Charles Cavanaugh**

Abe, Jane & Iwao

## **Anna Chandler**

Liz Chandler

## **Porter Colvin**

Barbara Colvin

Kathy Gregory

## **Peter Cone**

Beverly Cone

## **Isabelle Conversano-Seibert**

Elizabeth Seibert

## **Jerry Cooper**

Neal Ensley

## **Fred Corder**

Shirley Corder

## **Hester Lucy Crooke**

George & Julia Garland

## **Charles Davant, Jr.**

Helen Taulman

## **Anthony DiLuna**

Patricia DiLuna

## **Ruth Doriot**

Janet Nixon

## **Donald Elder**

Evelyn Elder

## **Lillian England**

Betty Shrewsbury

## **Russell Fayles**

Martha Salisbury

## **Dr. Fred Fellers**

Thomas & Karen Rex

## **Francine Fish**

Phyllis & Martin Fish

## **Daniel Fitzgerald**

Cynthia Fitzgerald

## **Thomas Fraser**

Barbara Fraser

## **Grace Freeman**

Outlook Club

Brevard High School

Lynn & Clareuse Hornsby

Mary McKeown

Dr. John A. Freeman, Jr.

Les & Chris Reynolds

Virginia McCown

Sara Strait

Mr. & Mrs. Harry Dalton

Carol Sturgis Cole

David & Connie Freeman

Dorothy Jones

Dave & Patty Freeman

Eleanor Taylor

Judith & Donald Aplin

Bernice Yeager

Charles Barrett

Eleanor Workman

Lockett Davis

Gail Climer

The John Dodson Family

Polly Barbore

Barbara Dooley

## **Spurgeon Freeman**

Edith Freeman

## **James Gabbett**

Anne Gabbett

## **Bart Galletta**

Rose Galletta

## **Elizabeth Prince Gouge**

Roy & Laura Boyles

## **Otis Graham**

Thomas & Faye Dennis

## **Paul D. Graham, Jr.**

Pilot Club of Dresden

## **Nora Gunter**

Sarah Wyard

Ann Whisenhunt

Adelaide Key

Carolyn Weidner

Deborah Hull

Jean Dixon

## **Eddith Hall (Ninnie)**

Wade & Mary Jo Stiles

Greg Styles & Family

René Hughes & Family

Joel Styles & Family

Ted & Edna Earl Fox

## **Cora Mae Hancock**

Lorene Hill

## **James Wendell Harris**

Jean Harris

## **C.L. Haslam**

Mountain Radiation Oncology

## **Ernest Havard**

Marie Havard

## **Leon Hodges**

Sandra Lombard

## **Donald L. Holmes**

Carole Holmes

## **Elmer W. Holtzclaw**

Alma & Krista Holtzclaw

## **Jeanne Hopwood**

Ramona Zerr

Stephanie Llewellen

## **Upton Horton**

Eloise Horton

## **Betsy Howland**

Polly Gaylord

## **Lee Isaacs**

Kim Isaacs

## **Wisteria Jackson**

Tim Jackson

## **Celene Jacobson**

Stuart & Carola Cohn

## **Charlotte Jenks**

Esther Haskell

## **Jack Jenks**

Bill & Linda Brown

## **Marjorie Jennings**

Sandy Ham

## **Charlotte Keppen**

Lee County Clerk of Court

Geraghty, Dougherty & Edwards

Judicial Assistants & Judges of the 20th

Judicial Circuit of the State of Florida

Anne & Joseph Pavese, Jr.

Kenneth & Beverly Volkmar

Ronald & Janet LaBorie

Elaine & Bill Mason

Rubye Madigan

Mr. & Mrs. John Frawley

## **John King**

Nancy Smid

## **Millic Greene King**

Mary McClure

## **Newland LeFevers**

Wanda Hembree

## **Donald Lehn**

Phyllis Monahan

Christine Lehn

## **Pauline Lewis**

Liz Chandler

## **George Loeffler**

Judith Loeffler

## **Charles Loughnane**

Marion Loughnane

## **John H. Lowder**

Ann Lowder

**William Howell Henry**  
Geraldene Henry

**Matthew Lowdemilk**  
Bruce & Judy Bachelder

**Hugh Lowry**  
Martha Thompson

**Robert F. Lundy**  
Elizabeth Lundy

**Keith A. Malleme**  
Grace & Robert Stanek

**Alda Maney**  
Clayton Davis

**Betty Martin**  
Roger Jefferson

**Stan Marvin**  
James & Marian Westcott

**Dianne Mays**  
Edith Miller

**Virginia McCall**  
TOPS Club #623 of Franklin

**Carrie D. McClure**  
Joann Arrendale

**Florence McCurry**  
Travis McCurry

**Beverly McGill**  
Daniel McGill

**Christopher Paul Merkel, Sr.**  
The Merkel Family

**Samuel J. Millar**  
Helen Millar

**Floyd Miller**  
Betty & Jack Greene  
Mildred & Kendrick Caldwell  
Danny & Grovone Dowell  
Grover & Lucille Davis  
Robert C. Miller  
Dorothy Miller

**Erwin Mooney**  
Dorothy & Robert Obeid

**Rena Moses**  
Michael Moniz

**Ruthelma Mullins**  
William Mullins

**Ray Norris**  
WNC Association of  
Health Underwriters  
Sarah Long  
Boyleston Baptist Church  
Herbert & Patricia Young  
Kenneth & Sarah Phillips  
Wilbur & Pat Hargrove

The Ray Norris Family

**C. Paul Oberst**  
Karen & Tom Rex

**Christopher Allen Painter**  
Richard & Ellen Frady

**Viola Parker**  
Martha Thompson

**Brian Passmore**  
Harold & Beverly Passmore

**Adefine Patrick**  
Pat Lemmons

**Ardie Perigo**  
Martha Thompson

**George Perkins**  
Virginia Perkins

**Richard Petura**  
Virginia Petura

**Robert Pfeiffer**  
Phyllis Goodman  
Vicki Wray  
Mickey Travis

**Roberta Phillips**  
Mr. & Mrs. Roger Phillips

**Comer Pierce, Jr.**  
Joel & Sandy Cuba

**James Thomas Powell**  
Melody Davis

**Mary Catherine Ramsey**  
Roy & Laura Boyles

**Lorence Rapoport**  
Clonia Rapoport

**Danny C. Ray**  
Wanda Ray

**Harriet Rhodes**  
Martha Salisbury

**Eleanor Rickborn**  
William Rickborn

**Jewel Robinson**  
Mel & Kristie Pope  
Hal & Bea Headley  
Irene Abelseth  
R.B. Moulton

**Tommy Roundtree**  
Carolyn Roundtree

**Pat & Diane Sams**  
Mr. & Mrs. Bobby Edwards

**Doris Schlueter**  
Stan & Jean Schloeder

**Carl Smith**  
Hilda & Bidd Burton

**Bryan Jason Smith**  
Jo Nell Cable

**Robert Souther**  
Savannah Souther  
Patricia Souther Rostan

**George F. Sprague**  
Mary Sprague

**Dixie Stager**  
Joe & Barbara Brady

**William Stapleton**  
Kathryn Loveland  
Joyce Stapleton

**Charles Stevens**  
Katherine & Eric Stevens

**Floyd Stringer**  
Mary Shelton

**H. Walter Tennant**  
Christine Keller  
Douglas M. Tennant  
Residential Suites, Ritz-Carlton Towers  
Martha Crutchfield  
Cathryn Caprio  
Rose Haney  
Donna Crotty  
William & Pauline Tennant

**Paul Thomas**  
Linda Metcalf

**John A. "Jack" Turner**  
Jeff & Lisa Till

**Nancy Tuttle**  
Hazel Tuttle Barlowe

**R. E. Van Ausdal**  
Jean Van Ausdal

**Zeb Wall**  
Betty Wall

**Richard Wallace**  
Barbra & Keith Love

**Jimmy Dale Way, Sr.**  
Obstetrics & Gynecology Associates of  
Northwest Alabama, P.C.

**Anthony J. Weiner**  
Knights of Columbus #8363  
Knights of Columbus-Ladies Aux.  
Swiss Colony Property Owners Ass'n.  
Mel & Kristie Pope  
Daniel & Karen Kiefer  
Charles & Patricia Schneeman  
Ilene Iltis  
Frank Weiner  
Phyllis Kiefer

Faye Lansdell  
John & Suzie Stutzer  
George D. Chambers

**Melissa Whitaker**  
Lt. Col. & Mrs. Charles Riley

**Chester "Chef" Wilk**  
Tax Man, Inc.  
Michael & Barbara Lysenko  
Gary & Nikki Davidson  
Ron Klausner  
Carol Andolena  
Gene & Jane Yonchak  
Wendy Salomon  
Michael & Doris Lysenko  
Michele Nemschoff  
Loretta & Brian Robinson  
Mr. & Mrs. Stan Wilk  
George & Jane Stevens  
Elaine & Stanley Gottlieb  
Dr. & Mrs. Steven Lysenko  
Dallas Norris  
Ms. Leslie Jeris

**E. G. Williams**  
Donna Williams

**Rosa Grimes Williams**  
George & Julia Garland

**Mr. & Mrs. Thomas H. Williams**  
Mary Shelton

**Lawrence Wilson**  
Rick & Bernie Wilson

**CWO Lester Wing, P.O.W.**  
Elberta Wing

**June Woemer**  
Bill Woemer

**Clarence Worth**  
Salli Worth

**Ada B. Young**  
Dolores Risner

**Joe C. Young**  
Florence Young

**Noma Zemp**  
Helen Taulman

Any individual, church or civic club that would be interested in helping the Lewis Rathbun Center sell our cookbooks should contact Kay or Susan on our website [www.lewisrathbuncenter.org](http://www.lewisrathbuncenter.org) or call at (828)251-0595.

### **Chicken, Red Grape & Apple Salad**

From Beverly Modlin, Asheville, NC, Board of Directors  
Recipe from the Lewis Rathbun Center Cookbook, Page 20

- |   |                            |
|---|----------------------------|
| 2 c. chicken breast, cooked and cubed   | 1/3 c. plain nonfat yogurt |
| 1 1/2 c. seedless red grapes (or green) | 1/4 t. salt                |
| 1 c. cubed Red Delicious apple          | 1 1/2 T. lemon juice       |
| 2/3 c. diagonally sliced celery         | 2 T. diced purple onion    |
| 2 T. reduced calorie mayonnaise         | 1/4 c. raisins             |
| 1 T. fresh celery leaves, chopped       | 8 Boston lettuce leaves    |

Combine chicken, grapes, apple, celery, raisins and onion. Gently toss. Combine yogurt, mayonnaise, lemon juice, celery leaves and salt. Stir well. Cover and chill. Serve on individual lettuce lined serving plates.

Serving size, 1 cup

This is a great summer salad and it is low fat.



## RECIPES FROM THE HOUSE WITH A HEART

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Quantity: \_\_\_\_\_ @ \$14.00 each Total: \_\_\_\_\_

Please fill out the form and include your check made payable to: The Lewis Rathbun Center. Mail both to  
121 Sherwood Road, Asheville, NC 28803

### Mission Statement

The Lewis Rathbun Center, Inc., is a non-profit corporation that provides lodging and other supportive services in a "home-like" environment for patients and/or caregivers coming into Asheville, North Carolina, for medical treatment.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919 / 733-4510. The license is not an endorsement by the State.

If you have moved, received duplicate mailings,  
or have any corrections to your address, please  
let us know by calling (828) 251-0595

Please Help Us Keep  
Our Mailing List Current

121 Sherwood Road  
Asheville, NC 28803

(828) 251-0595

**THE LEWIS RATHBUN CENTER**

